



Canadian Hospice Palliative Care Association
Association canadienne de soins palliatifs

It's time to talk about
grief in Canada.



National Bereavement Day

November 21, 2017 is National
Bereavement Day in Canada.

What are grief and bereavement?

What can you do to help yourself and others?

What else can we do as Canadians?

chpca.net/bereavementday

